

Midtowner

WEEKLY BULLETIN OF ROTARY CLUB OF RAJKOT MIDTOWN • CLUB 31287 • R.I. DISTRICT 3060

rotaryclubofrajkotmidtown
/RotaryClubofRajkotMidtown

Bulletin Editors
2024 - 2025

Dr. Miloni Lakhani
• 88666 92450
• milsvora@gmail.com

Dr. Devangi Vaishnav
• 98258 30676
• vaishnavdevangi@gmail.com

Dr. Ketan Thakkar
• 98250 78085
• ketznibizz@yahoo.com

Highlights

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Divyesh Aghera
+91 98250 75874
Hon. Secretary
Hitesh Vora
+91 98245 00698

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MARK YOUR CALENDER - 12TH APRIL 2025 IS THE DAY WHEN THE FIVE PRESTIGIOUS ROTARY CLUBS OF RAJKOT COME TOGETHER TO WELCOME PUJYA DR. GNANVATSAL SWAMI AS HE ENLIGHTENS US ON "FAMILY VALUES IN LIFE". A TALK THAT WILL MAKE US TAKE A DIVE INTO THE OCEAN OF OUR MINDS AND EXPLORE THE DEPTHS OF OUR THOUGHTS.



MEETING DETAILS

DATE : 28th March 2025
DAY : Friday
TIME : 8:30pm onwards (Dinner followed by program)
VENUE : D.P.M.C Lalitalay
PROGRAM : A tete e tete with a man with a golden heart, one who has given homes to the homeless. He has brought love and care in the lives of people who have been disowned by their family. Shree Vijaybhai Dobaria, the mastermind behind SADBHAVNA VRUDDHASHRAM.. A gesture by RCRM to recognise his magnanimity and contributions to the society- A vocational award shall be presented to him for his exemplary work... Rotarians and Anns attend in large numbers to applaud the felicitation of this visionary.



CLUB NEWS

1. MEETING MEIN:

On 21st March 2025, a Scholarship meeting was organised at D.P.M.C. Shree Vipulbhai Vachhani, MD of Jaivel Aerospace, UK was our esteemed guest. Scholarships were awarded to 28 deserving students and they will also be supported for all 4 years of their education. The scholarships are arranged and funded in memory of Manjulaben Mehta by Shri Tapulal B Mehta Charitable Trust. The programme was conducted by Rtn Vikrambhai Sanghani (He has been managing this project since it's inception).



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Consultant Pediatric Neurologist
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2. CYCLOFUN INAUGURATION

was attended by many members from the RCRM and RCC and was done at D.P.M.C.

On 22nd March 2025, Saturday the Cyclofun promotion was done at the Atmiya University. The team comprised of

- Rtn. Divyeshbhai Aghera - President - Rotary Club of Rajkot Midtown
- Rtn. Twinkle Nishith Mehta Promotional team - Cyclofun 2025
- Virjikaka - Rajkot Cycle Club, Yogeshbhai Dave RCC, Bhavesh Savliya RCC, Jayeshbhai RCC, Tony RCC, Khushi RCC
- Dignitaries present today from Atmiya University for Cyclofun Invitation :-
- Dr. D.D. Vyas Sir, Registrar, Atmiya University
- Dr. Ashish Kothari Sir, Director CRIT,
- Shri. Jignesh Rathod Sir, Management Representative
- Dr. G. D. Acharya Sir, Professor Emeritus
- Mrs. Parul Mandaviya, Coordinator- Centre for Students and Customer Initiatives, Atmiya University

Another promotional event of Cyclofun was carried out at Sarvodaya School on 22nd March 2025, Saturday.

All our members are requested to participate in the promotions of Cyclofun in huge numbers to give momentum to the upcoming event.



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3. SERVICE PROJECTS:

EYE CHECKUP CAMP: Eye checkup was carried out in the RMC school no. 95. Examination of 270 students was done at the school. Out of these, 75 children had been identified for further check up. Out of these seventy-five children, 35 children were brought to the hospital for more detailed examination. The rest forty children are scheduled for hospital visit in the coming week. Of the children checked 37 children have been provided spectacles



On 24th March 2025, Monday, 34 children from RMC school no.44, became recipients of free spectacles from RCRM. Indeed a great step for improving the vision in these young children.



ROTARY INTERNATIONAL NEWS

New Zealand

Members of the Rotary Club of Waikato Sunrise are flying high thanks to an annual hot-air balloon festival where they raise money and community awareness of Rotary. The 2025 Balloons Over Waikato event, held from 18-22 March in the club's hometown of Hamilton, featured about two dozen balloons along with fireworks, music, amusement rides, and food tents. Rotarians served as crowd ambassadors and helped staff the information tent and VIP area. They also sold merchandise and ran a "walk-through balloon" that's inflated but moored flat along the grass, allowing visitors to walk inside. The \$5,800 raised by the club during the 2024 event was donated to True Colours Children's Health Trust, another of the event's charity partners.

(This story originally appeared in the March 2025 issue of Rotary magazine).



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ACHIEVEMENTS AND ACCOLADES

Rotary Cricket League was a huge success. The energy was at an all time high. The vibes were infectious and the adrenaline was pumping. Kudos to the Team sponsors:

A) Aadesh Cab- Gopal Anadkat B) Sun Financial – Vijay Chauhan C) Divine coaching -Rajen popat

Co sponsors of the event were Giriraj hospital- Dr. Mayank thakkar and Aadesh cab -Gopal Anadkat.

Medical partner - Giriraj hospital - Dr. Mayank Thakkar Led sponsor - Aadesh cab

A huge shoutout to all the players:Gopal Anadkat, Rajen Popat, Dinesh Ruparelia, Vishal Mehta, Mayank Thakkar, Dr. Bhushan Kalaria, Dipesh Andharia, Atul Ganatra, Jignesh Kamdar, Naren Mehta, Harsh Viroja, Aakash Parekh, Dr. Pratap Dodia, Dhaval Sheth, Jeet Saparia, Dr. Nishith Sanghvi, Amit Dhabalia and Deepak Mehta. Cherry on the cake is that Our club's team has got maximum Awards. Gold cup winner was Aadesh cab and Silver cup winner was Sun financial. The entire success of the event can be attributed to the efforts of our Dynamic Midtownner Deepak Mehta.



FOOD FOR THOUGHT

The new obesity Informational obesity will kill you (LinkedIn post by Shashank Sharma) "Let me explain.

Somewhere in the dark alleys of the internet, a man sits, scrolling. He has read 16 articles since breakfast. He knows why the economy is collapsing, what the stock market will do next, and the exact reason a celebrity was caught cheating. He is drowning in knowledge, and yet, if you ask him to explain any of it, he will pause, scratch his head, and say, "It's complicated."

This man is sick. Not in the way his doctor understands, but in the way an overfed brain stops working. He is a victim of informational obesity: a condition where a person consumes more knowledge than they can digest, ending up confused, anxious, and painfully misinformed.

The disease is common. It spreads fast. Everyone you know is sick. They read news, they watch debates, they argue online. They have an opinion on everything. They are certain that they are right. But if you lock them in a room and ask them to explain their certainty, they will fumble. Because their knowledge is borrowed. It is second-hand. It is a thin layer of information wrapped around a void.

This is the great irony of the modern world. More people know more things than ever before, and yet, real wisdom is dying. Thought is being replaced by reaction. Inquiry is being replaced by confidence. People read, not to understand, but to win arguments. They consume, not to grow, but to belong.

And here is the worst part: the people who flood you with this information know exactly what they are doing. The tech gods and media kings do not want you to think. They want you to keep scrolling, keep arguing, keep coming back for more. Your addiction is their profit. Your mental exhaustion is their business model.

So what is the cure? It is not ignorance. Ignorance is the twin of blind knowledge. The cure is discipline. Read less, but understand more. Choose your knowledge the way you choose your food: carefully, deliberately. Ask: Does this information make me wiser, or does it only make me feel informed?

Because in the end, informational obesity is worse than physical obesity. A fat body can still think. But a fat mind is just noise pretending to be thought.

(Article contributed by Dr. Ketanbhai Thakkar)